



Life Catalyst Coach ☺ Stress Management
Specialist ☺ Mental Focusing Agent

Mind Technology™
(512) 340-0530
Lamar@MindTechnology.com
www.MindTechnology.com

Dynamic Life Alive! seminar (Mind Mastery, aka Life System 2-day class)

*Life does not happen to us
Life happens through us*

Next Class is
May 21-22 in Austin

Learn about the many factors that cause your life to be as it is

- Perspective is the defining moment of power
- There are 2 faculties of mind that you are born with that you can use to excel and stand out
- Language – The language you use in your head and verbally forms your life results
- Pre-seeing – We are constantly pre-seeing our life BEFORE it happens. It is imperative to pre-see what you desire – NOT the undesired.
- Problem Solving – Learn to shift your mind to the channel of solution NOT the channel of problem
- Initiating change in the most effective mindset causes you to ALLOW changes rather than MAKE changes

You learn that we are designed with **Two Brain Modes of Awareness**: the **Action mode (eyes open and alert)** and **Inner Creation mode (eyes closed and relaxed focus)**. The techniques let you shift between these two modes by choice for a better, richer and fuller life.

These are some of the empowering life-skill techniques in this seminar:

- Deep Relaxation, physically and mentally. De-stress on Cue
- Sleep Control to enter healthful sleep without medication and outside crutches
- Clock Technique to wake up without an alarm dock
- Awake Control to remain awake and energized without taking substances
- Dream Control to remember your dreams and program them for creative solutions/ideas
- Hand Levitation to enter an even deeper state of mind
- Headache/Pain Control to relieve pain naturally sometimes leading to not having it anymore
- Glove Anesthesia for biological control in traumatic situations
- Glass of Water for a multitude of purposes
- Mental Screen for activating your genius mind faculties, visualization and imagination
- Memory Pegs for enhancing memory and stimulating clairvoyance
- Three Fingers technique – a versatile method used for a multitude of purposes
- For students: Speed Learning and a uniquely effective 3-Pass Test Taking technique
- Mirror of the Mind for changing bad situations into good ones and for energizing goals
- Habit Control: Weight and Smoking and others
- Mental Laboratory is your creative laboratory with an infinite possibility of uses
- Access to Your Genius Counselors for guidance, wisdom and inspiration
- Everyday problem solving and conflict resolution
- Creating Healing Circles and sending healing energy to others

Harness your dormant powers lying within you... silently nudging you to your greatness

IMAGINATION FORM THE PATH WHICH YOU WALK IN LIFE

Curious Mind News Blog at www.CuriousMindNews.com

Austin Meetup group: <http://www.meetup.com/Silva-Mind-Method-in-Central-Texas/>

San Antonio Meetup group: <http://www.meetup.com/Mind-Technology-Silva-Method-in-San-Antonio/>

Tweet with me on Twitter: www.twitter.com/lamarirwin

Connect on Facebook: www.facebook.com/mindmastery



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Upcoming Calendar

In San Antonio, Friday, May 13, 7 pm – 9443 Shining Star San Antonio, TX

More details are at the Meetup site: <http://www.meetup.com/Mind-Technology-Silva-Method-in-San-Antonio/>

May 21-22 **Dynamic Life Alive!** seminar – New Life System class

June 4-5 – **Silva Self-Healing** class – Learn 60 Healing Techniques for yourself and others

June 12 – Speaking and giving a class at the San Antonio Center for Spiritual Living

<http://www.sacenterforspiritualiving.org/>

June 25-26 – **Intuition on Fire!** Seminar – Train Your Intuition class educates your mind to become an effective, clear channel to work with Quantum Intelligence for direction, accelerating healing in you and others, tuned intuition, creativity on cue, life purpose, visioning and more.

Private Sessions

Life Catalyst Coach ☺ Stress Management Specialist ☺ Mental Focusing Agent ☺ Spiritual Coaching

Coaching is a way to make something happen, to change that stubborn situation, to breakthrough that inner limiting belief AND to achieve what you most desire.

As a Life Catalyst Coach, I assist you in achieving what you most want in your life and within yourself. The multiple-disciplinary focus I use is unique in this field; there are not many who have apprenticed, trained and licensed in several varied Personally Empowering systems. **I guide you to create your external life from an internal depth of awareness.** This results in lasting change and greater awareness, skills and understanding that will continue to help you throughout your lifetime.

Special Discount with this flyer

- Private Coaching: 1 session for \$85, 2 sessions for \$65 each – Retail \$150 each
- P.E.A.C.E. Session for Energy Alignment for \$75 + tip – Retail \$125

Payment options:

- PayPal to lamar@mindtechnology.com at www.PayPal.com
- Mail a check made out to Lamar Irwin
- Call me with a credit card to charge
- Payment plan is available